



## Personal Training Contract

Client Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Address: \_\_\_\_\_

I understand and agree to the following terms and conditions:

### 1. Fees:

Circle Session   ½ Hour   1 Hour   1.5 Hour

The amount due is \_\_\_\_\_ per \_\_\_\_\_ session(s).

### 2. Cancellations:

Please notify me at least \_\_\_\_\_ in advance of the scheduled workout. If I have not been notified before the designated time, you will be billed for your absence.

### 3. Start Date:

### 4. Times/Days of Each Session:

### 5. I have read and understand the above contract:

\_\_\_\_\_  
Personal Trainer Print Name

\_\_\_\_\_  
Personal Trainer Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Print Name

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date